

Menu Name : Woodbury Leadership Academy Grades K-8 Lunch Menu					Options Provided : Hot & Hot Vegetarian Meals	
Grade Level / Age Group : K-8 Grades					Meal Pattern : NSLP	
Meal : Lunch						
FEBRUARY - 2025						
Monday, February 3, 2025		Tuesday, February 4, 2025		Wednesday, February 5, 2025		Thursday, February 6, 2025
Hot Meals	Premium Chicken Nuggets	BBQ Meatballs	Asian Noodles Bowl	Premium Chicken Patty Sandwich	Cheese Pizza Quesadilla	
	Ketchup	Mashed Potatoes	Teriyaki Noodles with Asian Sesame Chicken	WG Bun & Ketchup	Mixed Greens Salad w/Dressing	
	Cheddar Crisps	Chilled Fruit Cocktail	Crisp Celery Sticks & Dip	CKC Baked Beans	Crisp Varietal Apple	
	Baby Carrots & Dip	WG Dinner Roll	Banana	Sliced Cucumbers	Choice Milk	
	Cinnamon Apple Slices & Choice Milk	Choice Milk	Choice Milk	Mandarin Orange Fruit Cup & Choice Milk		
<i>Hot Veg</i>	Twisty Stuffed Breadsticks w/ Dip	Veggie Garden Burger w/Ketchup	French Pizza Bread	Grilled Cheese Sandwich	Vegetarian Stuffed Ravioli & Grahams	
Monday, February 10, 2025		Tuesday, February 11, 2025		Wednesday, February 12, 2025		Thursday, February 13, 2025
Hot Meals	Smoky Cheeseburger	Sweet & Sour Chicken	All Beef Hot Dog	Brunch Lunch	Pizza Hand Pie	
	WG Bun, BBQ Sauce, Ketchup & Shred Cheese	Steamed Brown Rice	WG Hot Dog Bun, Ketchup	French Toast Sticks w/ Syrup	Mixed Greens & Dressing	
	Baked Beans	Celery Sticks, Carrot Slims & Dip	Potato Stix & Ketchup	Baby Carrots & Dip	Crisp Varietal Apple	
	Cinnamon Apple Slices	Chilled Fruit Cocktail	Banana	Frozen Fruit Cup	Choice Milk	
	WG Ranch Crackers & Choice Milk	Choice Milk	Choice Milk	Choice Milk		
<i>Hot Veg</i>	Vegetarian Croissant Sandwich	Pizza Crunchers	Cheese Hot Pocket w/ Dipping Sauce	Cheesy Quesadilla	Veggie & Cheese Lasagna	
Monday, February 17, 2025		Tuesday, February 18, 2025		Wednesday, February 19, 2025		Thursday, February 20, 2025
Hot Meals	Soft Shell Tortilla Taco	Mild Honey Sauced Drumstick	Mozzarella Burger	Asian Dumplings	Garlic Dusted French Bread Pizza	
	WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema	Mildly Seasoned Flavorful Chicken Drumstick	Ketchup	Teriyaki Sauce Dip	Broccoli Florets, Baby Carrots & Dip	
	Steamed Corn	Celery Sticks, Carrot Slims & Dip	CKC Baked Beans	Sliced Cucumbers w/ Dip	Crisp Varietal Apple	
	Cinnamon Apple Slices	Mixed Berry Grahams	Banana	Mandarin Orange Fruit Cup	Choice Milk	
	Choice Milk	Chilled Fruit Cocktail & Choice Milk	Choice Milk	Choice Milk		
<i>Hot Veg</i>	Bean & Cheese Burrito	Pizza Crunchers	Garden Mozzarella Burger w/Ketchup	Easy-Cheesy Pull Aparts	Creamy Mac & Cheese & Grahams	
Monday, February 24, 2025		Tuesday, February 25, 2025		Wednesday, February 26, 2025		Thursday, February 27, 2025
Hot Meals	Crunch Wrap	Classic Beef Sloppy Joe	Mandarin Orange Chicken	Pasta Bake w/ Red Sauce	Cheese Hot Pocket	
	Wg Tortilla, Chicken Tenders	Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side	Steamed Seasoned Rice	WG Penne w/ Grilled Chicken & Mozzarella	Warm Red Sauce	
	Shred Cheese & Ranch		Sliced Cucumbers & Dip	Mixed Greens Salad & Dressing	Potato Rounds w/ Ketchup	
	Baby Carrots	CKC Baked Beans & Crisp Celery	Banana	Frozen Fruit Cup	Carrot Slims & Crisp Varietal Apple	
	Cinnamon Apple Slices & Choice Milk	Chilled Fruit Cocktail & Choice Milk	Choice Milk	Choice Milk	Choice Milk	
<i>Hot Veg</i>	Fluffy Omelet, Buttermilk Pancakes & Syrup	Cheesy Quesadilla	French Bread	Veg Garden Nuggets w/ Ketchup & WG Roll	Multi Cheese Croissant Sandwich	

Proteins in School Meals

Protein gets a lot of attention these days. In school meals, we categorize protein-rich foods as "meat and meat alternatives." These include lean meats such as poultry and beef, beans/legumes and cheese. By offering a variety of options on our menus, we accommodate a range of dietary preferences and needs.

These foods are rich sources of protein, essential for building and repairing tissues, supporting immune function, and maintaining overall health. Additionally, they provide vital nutrients such as iron, zinc and B vitamins, which are crucial for cognitive function, energy metabolism and overall well-being.

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



MARCH 2025 Menu (Subject to Change)					
	Monday, March 3, 2025	Tuesday, March 4, 2025	Wednesday, March 5, 2025	Thursday, March 6, 2025	Friday, March 7, 2025
Hot Meals	Juicy Ranchola Drumstick	Chicken Enchilada Crunch Lunch	The Cheeseburger , that Never Gets Old-Fashioned	Golden Corn Dog	Twisted Cheesy Breadsticks
	Baby Carrots	Seasoned Chicken Enchilada with Fritos Corn Chips for a crunchy base Served with Cheese on side	WG Bun, Cheese Slice & Ketchup	WG Chicken Corn Dog served with Ketchup	Warm Red Sauce
	Cinnamon Apple Slices		Vanilla Wafers	Seasoned Corn	Broccoli Florets & Dip
	WG Roll	Pinto Beans & Celery Sticks	Cucumber Slices & Dressing	Mandarin Orange Fruit Cup	Crisp Varietal Apple
	Choice Milk	Chilled Fruit Cocktail & Choice Milk	Banana & Choice Milk	Wafers & Choice Milk	Choice Milk
Hot Veg	<i>Cheese Mostaccioli</i>	<i>Easy-Cheesy Pull Aparts</i>	<i>Mac & Cheese Bites w/ Ranch</i>	<i>Cheese Calzone</i>	<i>Grilled Cheese Sandwich w/ Amercian Cheese</i>
	Monday, March 10, 2025	Tuesday, March 11, 2025	Wednesday, March 12, 2025	Thursday, March 13, 2025	Friday, March 14, 2025
Hot Meals	Golden Chicken Tenders & Ketchup	Walking Taco	Mac & Cheese	Chinese Teriyaki Chicken	Cheese Hot Pocket
	Baby Carrots & Dip	Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema	Strawberry Grahams	Steamed Seasoned Rice	Cold Italian Dip
	Cinnamon Apple Slices	Cheesy Refried Beans	Mixed Greens Salad & Dressing	Crisp Broccoli & Dip	Steamed Corn
	Vanilla Chat-Snax	Chilled Fruit Cocktail	Banana	Frozen Fruit Cup	Crisp Varietal Apple
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
Hot Veg	<i>Fluffy Omelet, Buttermilk Pancakes & Syrup</i>	<i>Bean & Cheese Pupusa w/ Boom Sauce</i>	<i>Veggie & Cheese Lasagna</i>	<i>French Pizza Bread</i>	<i>Multi Cheese Croissant Sandwich</i>