

| | | | |
|---|--|---|--|
| Menu Name : Woodbury Leadership Academy Grades K-8 Lunch Menu | | Options Provided : Hot & Hot Vegetarian Meals | |
| Grade Level / Age Group : K-8 Grades | | Meal Pattern : NSLP Meal : Lunch | |
| JANUARY - 2025 | | | |

| | | | | | | | |
|------------------|---|--|--|---|--|---|---------------|
| Hot Meals | COLOR YOUR TRAY: The Power of Fruits in School Meals | | | Wednesday, January 1, 2025 | Thursday, January 2, 2025 | Friday, January 3, 2025 | Week I |
| | <p>From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy pear at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being.</p> <p>Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.</p> | | | All Beef Hot Dog WG Hot Dog Bun, Ketchup CKC Baked Beans Banana Vanilla Wafers & Choice Milk | Brunch Lunch Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup Baby Carrots & Dip Frozen Fruit Cup Choice Milk | Pizza Hand Pie Mixed Greens & Dressing Crisp Varietal Apple Choice Milk | |
| | | | | Cheese Hot Pocket w/ Dipping Sauce | Cheesy Quesadilla | Veggie & Cheese Lasagna | |
| | Hot Veg | | | | | | |

| | | | | | | | |
|------------------|--|---|--|--|--|----------------|--|
| Hot Meals | Monday, January 6, 2025 | Tuesday, January 7, 2025 | Wednesday, January 8, 2025 | Thursday, January 9, 2025 | Friday, January 10, 2025 | Week II | |
| | Soft Shell Tortilla Taco WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema Steamed Corn Cinnamon Apple Slices Choice Milk | Mild Honey Sauced Drumstick Mildly Seasoned Flavorful Chicken Drumstick Celery Sticks, Carrot Slims & Dip Mixed Berry Grahams Chilled Fruit Cocktail & Choice Milk | Mozzarella Burger Ketchup CKC Baked Beans Sliced Cucumbers & Banana Choice Milk | Premium Chicken Nuggets & Ketchup Golden Wheat Crackers Baby Carrots w/ Dip Mandarin Orange Fruit Cup Choice Milk | Garlic Dusted French Bread Pizza Broccoli Florets & Dip Crisp Varietal Apple Choice Milk | | |
| | Bean & Cheese Burrito | | Pizza Crunchers | | Garden Mozzarella Burger w/Ketchup | | |
| | Hot Veg | | Easy-Cheesy Pull Aparts | | Creamy Mac & Cheese & Grahams | | |

| | | | | | | | |
|------------------|---|--|--|---|---|-----------------|--|
| Hot Meals | Monday, January 13, 2025 | Tuesday, January 14, 2025 | Wednesday, January 15, 2025 | Thursday, January 16, 2025 | Friday, January 17, 2025 | Week III | |
| | Crunch Wrap Wg Tortilla, Chicken Tenders Shred Cheese & Ranch Baby Carrots Cinnamon Apple Slices & Choice Milk | Classic Beef Sloppy Joe Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side CKC Baked Beans & Crisp Celery Chilled Fruit Cocktail & Choice Milk | Mandarin Orange Chicken Steamed Seasoned Rice Sliced Cucumbers & Dip Banana Choice Milk | Italiano Rosy Alfredo Pasta Bake WG Penne Rosa w/ Grilled Chicken Mixed Greens Salad & Dressing Frozen Fruit Cup Choice Milk | Brunch Lunch French Toast Sticks & Syrup Hash Brown Patties w/ Ketchup Carrot Slims & Crisp Varietal Apple Choice Milk | | |
| | Fluffy Omelet, Buttermilk Pancakes & Syrup | | Cheesy Quesadilla | | French Bread | | |
| | Hot Veg | | Veg Garden Nuggets w/ Ketchup & WG Roll | | Multi Cheese Croissant Sandwich | | |

| | | | | | | | |
|------------------|--|---|---|---|--|----------------|--|
| Hot Meals | Monday, January 20, 2025 | Tuesday, January 21, 2025 | Wednesday, January 22, 2025 | Thursday, January 23, 2025 | Friday, January 24, 2025 | Week IV | |
| | Juicy Ranchola Drumstick Baby Carrots Cinnamon Apple Slices WG Roll Choice Milk | Chicken Enchilada Crunch Lunch Seasoned Chicken Enchilada with Fritos Corn Chips for a crunchy base Served with Cheese on side Pinto Beans & Celery Sticks Chilled Fruit Cocktail & Choice Milk | The Cheeseburger , that Never Gets Old-Fashioned WG Bun, Cheese Slice & Ketchup Vanilla Wafers Cucumber Slices & Dressing Banana & Choice Milk | Golden Corn Dog WG Chicken Corn Dog served with Ketchup Seasoned Corn Mandarin Orange Fruit Cup Wafers & Choice Milk | Twisted Cheesy Breadsticks Warm Red Sauce Broccoli Florets & Dip Crisp Varietal Apple Choice Milk | | |
| | Cheese Mostaccioli | | Easy-Cheesy Pull Aparts | | Mac & Cheese Bites w/ Ranch | | |
| | Hot Veg | | Cheese Calzone | | Grilled Cheese Sandwich w/ Amercian Cheese | | |

| | | | | | | | |
|------------------|--|--|---|---|---|---------------|--|
| Hot Meals | Monday, January 27, 2025 | Tuesday, January 28, 2025 | Wednesday, January 29, 2025 | Thursday, January 30, 2025 | Friday, January 31, 2025 | Week V | |
| | Golden Chicken Tenders & Ketchup Baby Carrots & Dip Cinnamon Apple Slices Vanilla Chat-Snax Choice Milk | Walking Taco Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema Cheesy Refried Beans Chilled Fruit Cocktail Choice Milk | Mac & Cheese Strawberry Grahams Mixed Greens Salad & Dressing Banana Choice Milk | Chinese Teriyaki Chicken Steamed Seasoned Rice Crisp Broccoli & Dip Frozen Fruit Cup Choice Milk | Cheese Hot Pocket Cold Italian Dip Steamed Corn Crisp Varietal Apple Choice Milk | | |
| | Fluffy Omelet, Buttermilk Pancakes & Syrup | | Bean & Cheese Pupusa w/ Boom Sauce | | Stuffed Rigatoni | | |
| | Hot Veg | | French Pizza Bread | | Multi Cheese Croissant Sandwich | | |

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



| FEBRUARY 2025 Menu (Subject to Change) | | | | | |
|--|--|---------------------------------------|---|--|---|
| | Monday, February 3, 2025 | Tuesday, February 4, 2025 | Wednesday, February 5, 2025 | Thursday, February 6, 2025 | Friday, February 7, 2025 |
| Hot Meals | Premium Chicken Nuggets | BBQ Meatballs | Asian Chow Mein Bowl | Premium Chicken Patty Sandwich | Cheese Pizza Quesadilla |
| | Ketchup | Mashed Potatoes | Whole Grain Chow Mein Noodles with Asian Sesame Chicken | WG Bun & Ketchup | Mixed Greens Salad w/Dressing |
| | Dill Cobber Crackers | Chilled Fruit Cocktail | Crisp Celery Sticks & Dip | CKC Baked Beans | Crisp Varietal Apple |
| | Baby Carrots & Dip | Birthday Cake Grahams | Banana | Sliced Cucumbers | Choice Milk |
| | Cinnamon Apple Slices & Choice Milk | Choice Milk | Choice Milk | Mandarin Orange Fruit Cup & Choice Milk | |
| <i>Hot Veg</i> | <i>Twisty Stuffed Breadsticks w/ Dip</i> | <i>Veggie Garden Burger w/Ketchup</i> | <i>French Pizza Bread</i> | <i>Grilled Cheese Sandwich</i> | <i>Vegetarian Stuffed Ravioli & Grahams</i> |
| | Monday, February 10, 2025 | Tuesday, February 11, 2025 | Wednesday, February 12, 2025 | Thursday, February 13, 2025 | Friday, February 14, 2025 |
| Hot Meals | CKC Chef's Texas Burger w/American Cheese Slice | Sweet & Sour Chicken | All Beef Hot Dog | Brunch Lunch | Pizza Hand Pie |
| | WG Ranch Crackers | Steamed Brown Rice | WG Hot Dog Bun, Ketchup | Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup | Mixed Greens & Dressing |
| | Baked Beans | Celery Sticks, Carrot Slims & Dip | Potato Stix & Ketchup | Baby Carrots & Dip | Crisp Varietal Apple |
| | Cinnamon Apple Slices | Chilled Fruit Cocktail | Banana | Frozen Fruit Cup | Choice Milk |
| | Choice Milk | Choice Milk | Choice Milk | Choice Milk | |
| <i>Hot Veg</i> | <i>Vegetarian Croissant Sandwich</i> | <i>Pizza Crunchers</i> | <i>Cheese Hot Pocket w/Dipping Sauce</i> | <i>Cheesy Quesadilla</i> | <i>Veggie & Cheese Lasagna</i> |