

Menu Name : <i>K-12 A Bagged Breakfast w Cereal Menu</i>		Meal Pattern : NSLP		Meal : Breakfast	
Grade Level / Age Group : K-12 Grades		<b>JANUARY - 2025</b>			

<b>Breakfast</b>	<b>COLOR YOUR TRAY: The Power of Fruits in School Meals</b>			Wednesday, January 1, 2025	Thursday, January 2, 2025	Friday, January 3, 2025	<b>Week I</b>
	<p>From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy pear at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being.</p> <p>Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.</p>			<b>Orange Dream Muffin</b>	<b>Vanilla Boli</b>	<b>Blueberry Snack'n Waffle</b>	
				100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
				Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>							

<b>Breakfast</b>	Monday, January 6, 2025	Tuesday, January 7, 2025	Wednesday, January 8, 2025	Thursday, January 9, 2025	Friday, January 10, 2025	<b>Week II</b>
	<b>French Toast Breakfast Bread</b>	<b>Assorted Big Cereal Bowl</b>	<b>Trix Big Muffin</b>	<b>Mini Cinnis</b>	<b>Pancake Puffs Pack</b>	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>						

<b>Breakfast</b>	Monday, January 13, 2025	Tuesday, January 14, 2025	Wednesday, January 15, 2025	Thursday, January 16, 2025	Friday, January 17, 2025	<b>Week III</b>
	<b>Assorted Big Cereal Bowl</b>	<b>WG Muffin</b>	<b>Chocolate Swirl</b>	<b>Stuffed Cream Cheese Bagels</b>	<b>Cake Glazed Donut</b>	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>						

<b>Breakfast</b>	Monday, January 20, 2025	Tuesday, January 21, 2025	Wednesday, January 22, 2025	Thursday, January 23, 2025	Friday, January 24, 2025	<b>Week IV</b>
	<b>WG Brekkie</b>	<b>Assorted Big Cereal Bowl</b>	<b>Banana Loaf</b>	<b>Maple Snack'n Waffle</b>	<b>Cinnamon Toast Crunch Muffin</b>	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>						

<b>Breakfast</b>	Monday, January 27, 2025	Tuesday, January 28, 2025	Wednesday, January 29, 2025	Thursday, January 30, 2025	Friday, January 31, 2025	<b>Week V</b>
	<b>Assorted Big Cereal Bowl</b>	<b>Pumpkin Muffin</b>	<b>Chocolate Cake Donut</b>	<b>Caramel Mini Cinnis</b>	<b>Pancake Puffs Pack</b>	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>						

<b>*** Three Items meet USDA requirements (One Item must be fruit).</b>						
Skim & 1% milk served daily.			This menu is 100% pork-free.			
All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.			All rice dishes /rice products are made of whole grain brown rice.			



FEBRUARY 2025 Menu (Subject to Change)						
	Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025	
<b>Breakfast</b>	<b>Assorted Big Cereal Bowl</b>	<b>Choco-Crisp Belgian Waffle</b>	<b>WG Muffin</b>	<b>Glazed Honey Breakfast Bun</b>	<b>Banana Chocolate Chip Oatmeal Round</b>	<b>Week VI</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						
<b>Breakfast</b>	Monday, February 10, 2025	Tuesday, February 11, 2025				<b>Week I</b>
	<b>Assorted Big Cereal Bowl</b>	<b>Lemon Poppyseed Breakfast Bread</b>				
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)				
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)				
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						