Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.



	·	ship Academy Grade 9 Lunch Me		Options Provided : Hot & Hot Vegetario	
	Grade Level / Age Group : 9-12 Grades		Meal Pattern : NSLP Meal : Lunch		
	Monday, December 2, 2024	Tuesday, December 3, 2024	DECEMBER - 2024 Wednesday, December 4, 2024	Thursday, December 5, 2024	Friday, December 6, 2024
	Crunch Wrap	Cheesy Beef Joe (Taste Test Winner)	Sichuan Chicken	Italiano Rosy Alfredo Pasta Bake	Brunch Lunch
	Wg Tortilla, Spicy Chicken Tenders	CKC's Cheesy Twist on a Beef Joe	Steamed Seasoned Rice	WG Penne Rosa w/ Grilled Chicken	French Toast Sticks & Syrup
	Shred Cheese & Boom Sauce	CKC Baked Beans & Celery Sticks	Sliced Cucumbers & Dip	Mixed Greens Salad & Dressing	Hash Brown Patties w/ Ketchup
	Baby Carrots	Chilled Fruit Cocktail	Bananas	Frozen Fruit Cup	Baby Carrots
	Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk	Flamas, 100% Fruit Juice Box & Choice Milk	Choice Milk	Wafers, 100% Fruit Juice Box & Choice Milk	Large Crisp Varietal Apple & Choice Milk
g	Fluffy Omelet, Buttermilk Pancakes & Syrup	Cheesy Quesadilla	French Bread	Stuffed Rigatoni	Multi Cheese Croissant Sandwich
	Monday, December 9, 2024	Tuesday, December 10, 2024	Wednesday, December 11, 2024	Thursday, December 12, 2024	Friday, December 13, 2024
	Spicy Coco-Lime Chicken	Cheddar Nachos	The Cheeseburger , that Never	Golden Corn Dog	Twisted Cheesy
	Drumstick Warm Seasoned Rice	Scoop the Creamy Melted Chz & Chix	Gets Old-Fashioned WG Bun, Cheese Slice & Ketchup	WG Chicken Corn Dog served with Ketchup	Breadsticks Warm Red Sauce
	Baby Carrots	Nachos with Corn Chips for the 'Oh, so, yummy' Crunch	Crispy Ranch Crackers	Potato Stix & Ketchup	Broccoli Florets, Carrot Slims & Dip
	Cinnamon Apple Slices	Pinto Beans, Celery Sticks & Chilled Fruit Cocktail	Cucumber Slices & Dressing	Frozen Fruit Cup	Large Crisp Varietal Apple
	100% Fruit Juice Box & Choice Milk	Mixed Berry Grahams, 100% Fruit Juice Box & Choice Milk	Bananas & Choice Milk	100% Fruit Juice Box & Choice Milk	Choice Milk
g	Easy-Cheesy Pull Aparts	Garden Burger w/Mayo	Creamy Mac & Cheese w/ WG Roll	Mini Waffles & Omelet	Grilled Cheese Sandwich w/ Amercian Cheese
	Monday, December 16, 2024	Tuesday, December 17, 2024	Wednesday, December 18, 2024	Thursday, December 19, 2024	Friday, December 20, 2024
	Spicy Chicken Tenders &	Walking Taco	Hot Honey Beef Noodles	Chinese Teriyaki Chicken	Cheese Hot Pocket
	Youza Sauce Baby Carrots & Dip	Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema	Mixed Greens Salad & Dressing	Steamed Seasoned Rice	Cold Italian Dip
	Cinnamon Apple Slices	Cheesy Refried Beans	Bananas	Crisp Broccoli, Baby Carrots & Dip	Steamed Corn
	WG Roll	Chilled Fruit Cocktail	Choice Milk	Frozen Fruit Cup	Large Crisp Varietal Apple
	100% Fruit Juice Box & Choice Milk	Vanilla Chat-Snax, 100% Fruit Juice Box & Choice Milk		100% Fruit Juice Box & Choice Milk	Grahams & Choice Milk
3	Fluffy Omelet, Buttermilk Pancakes & Syrup	Bean & Cheese Pupusa w/ Boom Sauce	Stuffed Rigatoni & Grahams	French Pizza Bread	Multi Cheese Croissant Sandwich
	Monday, December 23, 2024	Tuesday, December 24, 2024	Wednesday, December 25, 2024	Thursday, December 26, 2024	Friday, December 27, 2024
	Buffalo Chicken Nuggets	BBQ Meatballs	Asian Chow Mein Bowl	Spicy Chicken Patty	Cheese Pizza Quesadilla
				Conducial	
	Ranch Dip	Mashed Potatoes	Whole Grain Chow Mein Noodles with	Sandwich WG Bun & Ketchup	·
	Ranch Dip Dill Cobber Crackers	Mashed Potatoes Chilled Fruit Cocktail		Sandwich WG Bun & Ketchup CKC Baked Beans & Carrot Slims	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple
	Dill Cobber Crackers	Chilled Fruit Cocktail	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip	WG Bun & Ketchup CKC Baked Beans & Carrot Slims	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple
	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice		Whole Grain Chow Mein Noodles with Asian Sesame Chicken	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup Hot Cheetos, 100% Fruit Juice Box &	Mixed Greens Salad w/Dressing
	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk	Chilled Fruit Cocktail WG Roll & Birthday Cake Grahams 100% Fruit Juice Box & Choice Milk	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Bananas	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple Choice Milk French Toast Grahams
	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk Twisty Stuffed Breadsticks w/ Dip Monday, December 30, 2024	Chilled Fruit Cocktail WG Roll & Birthday Cake Grahams 100% Fruit Juice Box & Choice Milk	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Bananas Choice Milk French Pizza Bread	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup Hot Cheetos, 100% Fruit Juice Box & Choice Milk Grilled Cheese Sandwich	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple Choice Milk French Toast Grahams Vegetarian Stuffed Ravioli
3	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk Twisty Stuffed Breadsticks w/ Dip Monday, December 30, 2024 CKC Chef's Texas Burger	Chilled Fruit Cocktail WG Roll & Birthday Cake Grahams 100% Fruit Juice Box & Choice Milk Veggie Garden Burger w/Ketchup Tuesday, December 31, 2024	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Bananas Choice Milk French Pizza Bread	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup Hot Cheetos, 100% Fruit Juice Box & Choice Milk	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple Choice Milk French Toast Grahams Vegetarian Stuffed Ravioli
3	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk Twisty Stuffed Breadsticks w/ Dip Monday, December 30, 2024	Chilled Fruit Cocktail WG Roll & Birthday Cake Grahams 100% Fruit Juice Box & Choice Milk Veggie Garden Burger w/Ketchup	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Bananas Choice Milk French Pizza Bread	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup Hot Cheetos, 100% Fruit Juice Box & Choice Milk Grilled Cheese Sandwich	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple Choice Milk French Toast Grahams Vegetarian Stuffed Ravioli
r	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk Twisty Stuffed Breadsticks w/ Dip Monday, December 30, 2024 CKC Chef's Texas Burger	Chilled Fruit Cocktail WG Roll & Birthday Cake Grahams 100% Fruit Juice Box & Choice Milk Veggie Garden Burger w/Ketchup Tuesday, December 31, 2024	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Bananas Choice Milk French Pizza Bread	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup Hot Cheetos, 100% Fruit Juice Box & Choice Milk Grilled Cheese Sandwich	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple Choice Milk French Toast Grahams Vegetarian Stuffed Ravioli
g	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk Twisty Stuffed Breadsticks w/ Dip Monday, December 30, 2024 CKC Chef's Texas Burger w/American Cheese Slice	Chilled Fruit Cocktail WG Roll & Birthday Cake Grahams 100% Fruit Juice Box & Choice Milk Veggie Garden Burger w/Ketchup Tuesday, December 31, 2024 General Tso Chicken	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Bananas Choice Milk French Pizza Bread Lu Just like students, our lunch recipes •Trendiness •Cultural relevance	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup Hot Cheetos, 100% Fruit Juice Box & Choice Milk Grilled Cheese Sandwich unch Recipes Pass Tests Tomust pass a lot of tests! Tests like: Ability to be made in large quantit. Eabor intensity to prepare	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple Choice Milk French Toast Grahams Vegetarian Stuffed Raviolation
3	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk Twisty Stuffed Breadsticks w/ Dip Monday, December 30, 2024 CKC Chef's Texas Burger w/American Cheese Slice WG Ranch Crackers	Chilled Fruit Cocktail WG Roll & Birthday Cake Grahams 100% Fruit Juice Box & Choice Milk Veggie Garden Burger w/Ketchup Tuesday, December 31, 2024 General Tso Chicken Steamed Brown Rice	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Bananas Choice Milk French Pizza Bread Lu Just like students, our lunch recipes •Trendiness	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup Hot Cheetos, 100% Fruit Juice Box & Choice Milk Grilled Cheese Sandwich unch Recipes Pass Tests To must pass a lot of tests! Tests like: Ability to be made in large quantit. Eabor intensity to prepare Migredient availability	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple Choice Milk French Toast Grahams Vegetarian Stuffed Ravioli
eg	Dill Cobber Crackers Baby Carrots & Dip Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk Twisty Stuffed Breadsticks w/ Dip Monday, December 30, 2024 CKC Chef's Texas Burger w/American Cheese Slice WG Ranch Crackers Seasoned Corn	Chilled Fruit Cocktail WG Roll & Birthday Cake Grahams 100% Fruit Juice Box & Choice Milk Veggie Garden Burger w/Ketchup Tuesday, December 31, 2024 General Tso Chicken Steamed Brown Rice Celery Sticks, Baby Carrots & Dip	Whole Grain Chow Mein Noodles with Asian Sesame Chicken Sliced Cucumbers & Dip Bananas Choice Milk French Pizza Bread Lu Just like students, our lunch recipes Trendiness Cultural relevance Flavor Spiciness And they must pass the real test	WG Bun & Ketchup CKC Baked Beans & Carrot Slims Frozen Fruit Cup Hot Cheetos, 100% Fruit Juice Box & Choice Milk Grilled Cheese Sandwich unch Recipes Pass Tests Tomust pass a lot of tests! Tests like: Ability to be made in large quantit. Eabor intensity to prepare	Mixed Greens Salad w/Dressing Large Crisp Varietal Apple Choice Milk French Toast Grahams Vegetarian Stuffed Ravioli 10! Testing the state of

All rice dishes /rice products are made of whole grain brown rice.

This menu is 100% pork-free.

	JANUARY 2025 Menu (Subject to Change)								
			Wednesday, January 1, 2025	Thursday, January 2, 2025	Friday, January 3, 2025				
			All Beef Hot Dog	Turkey Sausage & Waffle Sliders	Pizza Hand Pie				
Veal			WG Hot Dog Bun & Ketchup	Easy Bite Mini Waffles w/ Syrup & Turkey Sausage Patties	Garden Greens Salad & Dressing				
Hot Meal			CKC Baked Beans	Carrot Slims & Dip	Large Crisp Varietal Apple				
			Sliced Cucumbers	Frozen Fruit Cup	Choice Milk				
			Vanilla Wafers, Bananas & Choice Milk	100% Fruit Juice Box & Choice Milk	Animal Crackers				
Hot Veg			Cheese Hot Pocket w/ Dipping Sauce	Cheesy Quesadilla	Veggie & Cheese Lasagna				
	Monday, January 6, 2025	Tuesday, January 7, 2025	Wednesday, January 8, 2025	Thursday, January 9, 2025	Friday, January 10, 2025				
	Soft Shell Tortilla Taco	Chili Chicken Drumstick	Mozzarella Burger	Premium Chicken Nuggets & Ranch	Garlic Brushed French Bread Pizza				
/eal	WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema	Seasoned Rice	Ketchup	WG Dinner Roll	Broccoli Salad				
Hot Meal	Street Corn Salad	Celery Sticks, Carrot Slims & Dip	CKC Baked Beans	Baby Carrots w/ Dip	Large Crisp Varietal Apple				
-	Cinnamon Apple Slices & 100% Fruit Juice Box	Chilled Fruit Cocktail	Sliced Cucumbers & Bananas	Frozen Fruit Cup	Choice Milk				
	Scooby Grahams & Choice Milk	100% Fruit Juice Box & Choice Milk	Wheat Crackers & Choice Milk	100% Fruit Juice Box & Choice Milk	Strawberry Grahams				
Hot Veg	Bean & Cheese Burrito	Pizza Crunchers	Garden Mozzarella Burger w/Ketchup	Easy-Cheesy Pull Aparts	Creamy Mac & Cheese				