



Menu Name : Woodbury Leadership Academy Grade 9 Lunch Menu	Options Provided : Hot, Hot Vegetarian Meals
Grade Level / Age Group : 9-12 Grades	Meal Pattern : NSLP
<b>NOVEMBER - 2024</b>	
Meal : Lunch	

Building Lunch Menus Students Love		Friday, November 1, 2024
Hot Meals	<p>According to the USDA, schools are responsible for about 530,000 tons of discarded food (excluding milk) annually. We can only nourish students if they eat the meals we provide.</p> <p>We create menus to hold students' interest throughout the year. We include a mix of long-time favorite meals as well as trendier foods that expose students to new flavors and cultures. Each week, we offer healthy whole grains, different proteins and a variety of fruits and vegetables to prevent boredom. We continually monitor the popularity of meals and replace those that are less popular with new ones to inspire joyful eaters. We also let students choose from multiple daily options rather than forcing everyone to take something they may not like.</p> <p>These measures help ensure our meals feed more students and fewer trash cans.</p>	
	<p><b>Twisted Cheesy Breadsticks</b></p> <p>Warm Red Sauce</p> <p>Broccoli Florets, Carrot Slims &amp; Dip</p> <p>Large Crisp Varietal Apple</p> <p>Choice Milk</p>	
	<p><b>Grilled Cheese Sandwich w/ American Cheese</b></p>	
Hot Veg		

Monday, November 4, 2024		Tuesday, November 5, 2024		Wednesday, November 6, 2024		Thursday, November 7, 2024		Friday, November 8, 2024			
Hot Meals	<b>Spicy Chicken Tenders &amp; Youza Sauce</b>		<b>Walking Taco</b>		<b>Hot Honey Beef Noodles</b>		<b>Chinese Teriyaki Chicken</b>		<b>Cheese Hot Pocket</b>		
	Baby Carrots & Dip		Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema		Mixed Greens Salad & Dressing		Steamed Seasoned Rice		Warm Red Sauce		
	Cinnamon Apple Slices		Cheesy Refried Beans		Bananas		Crisp Broccoli, Baby Carrots & Dip		Steamed Corn		
WG Roll		Chilled Fruit Cocktail		Choice Milk		Fresh Orange		Large Crisp Varietal Apple			
100% Fruit Juice Box & Choice Milk		Vanilla Chat-Snax, 100% Fruit Juice Box & Choice Milk				100% Fruit Juice Box & Choice Milk		Grahams & Choice Milk			
Hot Veg		Fluffy Omelet, Buttermilk Pancakes & Syrup		Bean & Cheese Pupusa w/ Boom Sauce		Stuffed Rigatoni & Grahams		French Pizza Bread		Multi Cheese Croissant Sandwich	

Monday, November 11, 2024		Tuesday, November 12, 2024		Wednesday, November 13, 2024		Thursday, November 14, 2024		Friday, November 15, 2024			
Hot Meals	<b>Buffalo Chicken Nuggets</b>		<b>BBQ Meatballs</b>		<b>Asian Chow Mein Bowl</b>		<b>Spicy Chicken Patty Sandwich</b>		<b>Cheese Pizza Quesadilla</b>		
	Ranch Dip		Mashed Potatoes		Whole Grain Chow Mein Noodles with Asian Sesame Chicken		WG Bun & Ketchup		Mixed Greens Salad w/Dressing		
	Dill Cobber Crackers		Chilled Fruit Cocktail		Sliced Cucumbers & Dip		CKC Baked Beans & Carrot Slims		Large Crisp Varietal Apple		
Baby Carrots & Dip		WG Roll & Birthday Cake Grahams		Bananas		Fresh Orange		Choice Milk			
Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk		100% Fruit Juice Box & Choice Milk		Choice Milk		Hot Cheetos, 100% Fruit Juice Box & Choice Milk		French Toast Grahams			
Hot Veg		Twisty Stuffed Breadsticks w/ Dip		Veggie Garden Burger w/Ketchup		French Pizza Bread		Grilled Cheese Sandwich		Vegetarian Stuffed Ravioli	

Monday, November 18, 2024		Tuesday, November 19, 2024		Wednesday, November 20, 2024		Thursday, November 21, 2024		Friday, November 22, 2024			
Hot Meals	<b>CKC Chef's Texas Burger w/American Cheese Slice</b>		<b>General Tso Chicken</b>		<b>All Beef Hot Dog</b>		<b>Turkey Sausage &amp; Waffle Sliders</b>		<b>Pizza Hand Pie</b>		
	WG Ranch Crackers		Steamed Brown Rice		WG Hot Dog Bun & Ketchup		Easy Bite Mini Waffles w/ Syrup & Turkey Sausage Patties		Garden Greens Salad & Dressing		
	Seasoned Corn		Celery Sticks, Baby Carrots & Dip		CKC Baked Beans		Carrot Slims & Dip		Large Crisp Varietal Apple		
Cinnamon Apple Slices		Chilled Fruit Cocktail		Sliced Cucumbers		Fresh Orange		Choice Milk			
100% Fruit Juice Box & Choice Milk		100% Fruit Juice Box & Choice Milk		Vanilla Wafers, Bananas & Choice Milk		100% Fruit Juice Box & Choice Milk		Animal Crackers			
Hot Veg		Vegetarian Croissant Sandwich		Pizza Crunchers		Cheese Hot Pocket w/ Dipping Sauce		Cheesy Quesadilla		Veggie & Cheese Lasagna	

Monday, November 25, 2024		Tuesday, November 26, 2024		Wednesday, November 27, 2024		Thursday, November 28, 2024		Friday, November 29, 2024			
Hot Meal	<b>Soft Shell Tortilla Taco</b>		<b>Chili Chicken Drumstick</b>		<b>Mozzarella Burger</b>		<b>Premium Chicken Nuggets &amp; Ranch</b>		<b>Garlic Brushed French Bread Pizza</b>		
	WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema		Seasoned Rice		Ketchup		WG Dinner Roll		Broccoli Salad		
	Street Corn Salad		Celery Sticks, Carrot Slims & Dip		CKC Baked Beans		Baby Carrots w/ Dip		Large Crisp Varietal Apple		
Cinnamon Apple Slices & 100% Fruit Juice Box		Chilled Fruit Cocktail		Sliced Cucumbers & Bananas		Fresh Orange		Choice Milk			
Scooby Grahams & Choice Milk		100% Fruit Juice Box & Choice Milk		Wheat Crackers & Choice Milk		100% Fruit Juice Box & Choice Milk		Strawberry Grahams			
Hot Veg		Bean & Cheese Burrito		Pizza Crunchers		Garden Mozzarella Burger w/Ketchup		Easy-Cheesy Pull Aparts		Creamy Mac & Cheese	

\*\*\* Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily. This menu is 100% pork-free.  
 All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products. All rice dishes /rice products are made of whole grain brown rice.



DECEMBER 2024 Menu (Subject to Change)					
	Monday, December 2, 2024	Tuesday, December 3, 2024	Wednesday, December 4, 2024	Thursday, December 5, 2024	Friday, December 6, 2024
<b>Hot Meal</b>	<b>Crunch Wrap</b>	<b>Cheesy Beef Joe (Taste Test Winner)</b>	<b>Sichuan Chicken</b>	<b>Italiano Rosy Alfredo Pasta Bake</b>	<b>Brunch Lunch</b>
	Wg Tortilla, Spicy Chicken Tenders	CKC's Cheesy Twist on a Beef Joe	Steamed Seasoned Rice	WG Penne Rosa w/ Grilled Chicken	French Toast Sticks & Syrup
	Shred Cheese & Boom Sauce	CKC Baked Beans & Celery Sticks	Sliced Cucumbers & Dip	Mixed Greens Salad & Dressing	Hash Brown Patties w/ Ketchup
	Baby Carrots	Chilled Fruit Cocktail	Bananas	Fresh Orange	Baby Carrots
	Cinnamon Apple Slices, 100% Fruit Juice Box & Choice Milk	Flamas, 100% Fruit Juice Box & Choice Milk	Choice Milk	Wafers, 100% Fruit Juice Box & Choice Milk	Large Crisp Varietal Apple & Choice Milk
<i>Hot Veg</i>	<i>Fluffy Omelet, Buttermilk Pancakes &amp; Syrup</i>	<i>Cheesy Quesadilla</i>	<i>French Bread</i>	<i>Stuffed Rigatoni</i>	<i>Multi Cheese Croissant Sandwich</i>
	Monday, December 9, 2024	Tuesday, December 10, 2024	Wednesday, December 11, 2024	Thursday, December 12, 2024	
<b>Hot Meal</b>	<b>Spicy Coco-Lime Chicken Drumstick</b>	<b>Cheddar Nachos</b>	<b>The Cheeseburger</b> , that Never Gets Old-Fashioned	<b>Golden Corn Dog</b>	<b>Week IV</b>
	Warm Seasoned Rice	Scoop the Creamy Melted Chz & Chix Nachos with Corn Chips for the 'Oh, so, yummy' Crunch	WG Bun, Cheese Slice & Ketchup	WG Chicken Corn Dog served with Ketchup	
	Baby Carrots	Pinto Beans, Celery Sticks & Chilled Fruit Cocktail	Crispy Ranch Crackers	Potato Stix & Ketchup	
	Cinnamon Apple Slices	Mixed Berry Grahams, 100% Fruit Juice Box & Choice Milk	Cucumber Slices & Dressing	Fresh Orange	
	100% Fruit Juice Box & Choice Milk		Bananas & Choice Milk	100% Fruit Juice Box & Choice Milk	
<i>Hot Veg</i>	<i>Easy-Cheesy Pull Aparts</i>	<i>Garden Burger w/Mayo</i>	<i>Creamy Mac &amp; Cheese w/WG Roll</i>	<i>Cheese Calzone</i>	