

Menu Name : Woodbury Leadership Academy Grades K-8 Lunch Menu		Options Provided : Hot, Hot Vegetarian Meals				
Grade Level / Age Group : K-8 Grades		Meal Pattern : NSLP				
October - 2024						
Hot Meals	October is 'Farm-To-School' Month	Tuesday, October 1, 2024	Wednesday, October 2, 2024	Thursday, October 3, 2024	Friday, October 4, 2024	Week VI
		BBQ Meatballs	Asian Chow Mein Bowl	Premium Chicken Patty Sandwich	Cheese Pizza Quesadilla	
		Mashed Potatoes	Whole Grain Chow Mein Noodles with Asian Sesame Chicken	WG Bun & Ketchup	Mixed Greens Salad w/Dressing	
		Chilled Fruit Cocktail	Sliced Cucumbers & Dip	CKC Baked Beans	Crisp Varietal Apple	
		Birthday Cake Grahams	Banana	Celery Sticks & Dip	Choice Milk	
Choice Milk	Choice Milk	Fresh Orange & Choice Milk				
Hot Veg	Veggie Garden Burger w/Ketchup	French Pizza Bread	Grilled Cheese Sandwich	Vegetarian Stuffed Ravioli & Grahams		
Hot Meals	Monday, October 7, 2024	Tuesday, October 8, 2024	Wednesday, October 9, 2024	Thursday, October 10, 2024	Friday, October 11, 2024	Week I
	CKC Chef's Texas Burger w/American Cheese Slice	Sweet & Sour Chicken	All Beef Hot Dog	Brunch Lunch	Pizza Hand Pie	
	WG Ranch Crackers	Steamed Brown Rice	WG Hot Dog Bun, Ketchup	Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cup	Mixed Greens & Dressing	
	Seasoned Corn	Celery Sticks, Carrot Slims & Dip	CKC Baked Beans	Baby Carrots & Dip	Crisp Varietal Apple	
	Cinnamon Apple Slices	Chilled Fruit Cocktail	Banana	Fresh Orange	Choice Milk	
Choice Milk	Choice Milk	Vanilla Wafers & Choice Milk	Choice Milk			
Hot Veg	Vegetarian Croissant Sandwich	Pizza Crunchers	Cheese Hot Pocket w/Dipping Sauce	Cheesy Quesadilla	Veggie & Cheese Lasagna	
Hot Meals	Monday, October 14, 2024	Tuesday, October 15, 2024	Wednesday, October 16, 2024	Thursday, October 17, 2024	Friday, October 18, 2024	Week II
	Soft Shell Tortilla Taco	Mild Honey Sauced Drumstick	Mozzarella Burger	Premium Chicken Nuggets & Ketchup	Garlic Dusted French Bread Pizza	
	WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema	Mildly Seasoned Flavorful Chicken Drumstick	Ketchup	Golden Wheat Crackers	Broccoli Florets & Dip	
	Steamed Corn	Celery Sticks, Carrot Slims & Dip	CKC Baked Beans	Baby Carrots w/ Dip	Crisp Varietal Apple	
	Cinnamon Apple Slices	Mixed Berry Grahams	Sliced Cucumbers & Banana	Fresh Orange	Choice Milk	
Choice Milk	Chilled Fruit Cocktail & Choice Milk	Choice Milk	Choice Milk			
Hot Veg	Bean & Cheese Burrito	Pizza Crunchers	Garden Mozzarella Burger w/Ketchup	Easy-Cheesy Pull Aparts	Creamy Mac & Cheese & Grahams	
Hot Meals	Monday, October 21, 2024	Tuesday, October 22, 2024	Wednesday, October 23, 2024	Thursday, October 24, 2024	Friday, October 25, 2024	Week III
	Crunch Wrap	Cheesy Beef Joe (Taste Test Winner)	Mandarin Orange Chicken	Italiano Rosy Alfredo Pasta Bake	Brunch Lunch	
	Wg Tortilla, Chicken Tenders	CKC's Cheesy Twist on a Beef Joe	Steamed Seasoned Rice	WG Penne Rosa w/ Grilled Chicken	French Toast Sticks & Syrup	
	Shred Cheese & Boom Sauce	CKC Baked Beans & Celery Sticks	Sliced Cucumbers & Dip	Mixed Greens Salad & Dressing	Hash Brown Patties w/ Ketchup	
	Baby Carrots	Chilled Fruit Cocktail	Banana	Fresh Orange	Carrot Slims & Crisp Varietal Apple	
Cinnamon Apple Slices & Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk		
Hot Veg	Fluffy Omelet, Buttermilk Pancakes & Syrup	Cheesy Quesadilla	French Bread	Stuffed Rigatoni	Multi Cheese Croissant Sandwich	
Hot Meal	Monday, October 28, 2024	Tuesday, October 29, 2024	Wednesday, October 30, 2024	Thursday, October 31, 2024	Farm-To-School - What & Why? October is Farm-to-School Month in the U.S., a time for students to learn about locally grown and produced food items supplied by nearby farmers, producers and ranchers. Farm-to-school foods ensure the freshest foods in school meals and help support local economies.	Week IV
	Juicy Ranchola Drumstick	Cheddar Nachos	The Cheeseburger , that Never Gets Old-Fashioned	Golden Corn Dog		
	Baby Carrots	Scoop the Creamy Melted Cheese & Chicken Nachos with Corn Chips for the 'Oh, so, yummy' Crunch	WG Bun, Cheese Slice & Ketchup	WG Chicken Corn Dog served with Ketchup		
	Cinnamon Apple Slices	Pinto Beans & Celery Sticks	Vanilla Wafers	Potato Stix w/ Ketchup		
	French Toast Grahams	Chilled Fruit Cocktail & Choice Milk	Cucumber Slices & Dressing	Fresh Orange		
Choice Milk		Banana & Choice Milk	Choice Milk			
Hot Veg	Easy-Cheesy Pull Aparts	Garden Burger w/Ketchup	Creamy Mac & Cheese	Cheese Calzone		

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



NOVEMBER 2024 Menu (Subject to Change)						
Hot Meal	<p>What is CKC Good Food's Role in supporting Farm Fresh Foods?</p> <p>CKC Good Food regularly features food items that are sourced from local food vendors. Some of the local and regional producers featured on our menus include Bushel Boy Farms (Owatonna, MN), Wescott Orchards (Elgin, MN) and Prairie Farms dairy farmers.</p>				<p>Friday, November 1, 2024</p> <p>Twisted Cheesy Breadsticks</p> <p>Warm Red Sauce</p> <p>Broccoli Florets & Dip</p> <p>Crisp Varietal Apple</p> <p>Choice Milk</p> <p><i>Grilled Cheese Sandwich w/ American Cheese</i></p>	Week IV
	Hot Veg					
Hot Meal	<p>Monday, November 4, 2024</p> <p>Golden Chicken Tenders & Ketchup</p> <p>Steamed Peas & Carrots</p> <p>Cinnamon Apple Slices</p> <p>Vanilla Chat-Snax</p> <p>Choice Milk</p>	<p>Tuesday, November 5, 2024</p> <p>Walking Taco</p> <p>Beef Taco Meat, Nacho Cheese Doritos, Shred Chz, Lettuce & Crema</p> <p>Cheesy Refried Beans</p> <p>Chilled Fruit Cocktail</p> <p>Choice Milk</p>	<p>Wednesday, November 6, 2024</p> <p>Mac & Cheese</p> <p>Strawberry Grahams</p> <p>Mixed Greens Salad & Dressing</p> <p>Banana</p> <p>Choice Milk</p>	<p>Thursday, November 7, 2024</p> <p>Chinese Teriyaki Chicken</p> <p>Steamed Seasoned Rice</p> <p>Crisp Broccoli, Baby Carrots & Dip</p> <p>Fresh Orange</p> <p>Choice Milk</p>	<p>Friday, November 8, 2024</p> <p>Cheese Hot Pocket</p> <p>Warm Red Sauce</p> <p>Steamed Corn</p> <p>Crisp Varietal Apple</p> <p>Choice Milk</p>	Week V
	Hot Veg	<p><i>Fluffy Omelet, Buttermilk Pancakes & Syrup</i></p>	<p><i>Bean & Cheese Pupusa w/ Boom Sauce</i></p>	<p><i>Stuffed Rigatoni</i></p>	<p><i>French Pizza Bread</i></p>	
Hot Meal	<p>Monday, November 11, 2024</p> <p>Premium Chicken Nuggets</p> <p>Ketchup</p> <p>Dill Cobber Crackers</p> <p>Baby Carrots & Dip</p> <p>Cinnamon Apple Slices & Choice Milk</p>					Week VI
	Hot Veg	<p><i>Twisty Stuffed Breadsticks w/ Dip</i></p>				